SOUTHEASTERN CUSD #337 JR/SR HIGH SCHOOL

OCTOBER 2023 BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CEREAL & YOGURT	BREAKFAST BURRITO	DUTCH WAFFLE	BREAKFAST PIZZA	
				NO
A - MINI CORN DOGS	A - WALKING TACO	A - TATORTOT CASSEROLE	A - MINI BOSCO STICKS	SCHOOL
B - HAMBURGER ON BUN	B - HOT HAM & CHEESE	B - HOT DOG ON BUN	B - CORN DOG	
TATOR TOTS	SALSA, SOUR CREAM	BROCCOLI	MARINARA SAUCE	
CELERY	REFRIED BEANS	DINNER ROLL	SALAD	
FRUIT	FRUIT	FRUIT	FRUIT	
9	10	11	12	13
	SAUS & CHEESE MUFFIN	COMBO BAR	POPTART	OMELET & TOAST
NO				
SCHOOL	A - CHICKEN NUGGETS	A - SPAGHETTI	A - SAUS GRAVY & BISCUIT	FALL PICNIC
	B - GRILLED CHEESE	B - HOT DOG ON BUN	B - CORN DOG	
	ONION RINGS	GARLIC BREAD	TRI-TATOR	
	BAKED BEANS	ROMAINE SALAD	VEGGIE JUICE	
	FRUIT	FRUIT	FRUIT	
16	17	18	19	20
FRENCH TOAST BITES	PANCAKES & SAUSAGE	OMELET & TOAST	BREAKFAST CORN DOG	
				NO
A - CHICKEN & NOODLES	A - SOFT SHELL TACO	A - MEATBALL SUB	A - CHEESE PIZZA	SCHOOL
B - HAMBURGER ON BUN	B - HOT HAM & CHEESE	B - HOT DOG ON BUN	B - CORN DOG	
MASHED POTATO	SALSA, SOUR CREAM	TATOR TOTS	CELERY	
GREEN BEANS	REFRIED BEANS	BROCCOLI	PUDDING	
FRUIT	FRUIT	FRUIT	FRUIT	
23	24	25	26	27
CEREAL & YOGURT	BREAKFAST BURRITO	DUTCH WAFFLE	BREAKFAST PIZZA	BLUEBERRY MUFFIN
A - HOT DOG ON BUN	A - CHICKEN QUESADILLA	A - GOULASH	A - POPCORN CHICKEN	A - FRENCH BREAD PIZZA
B - HAMBURGER ON BUN	B - GRILLED CHEESE	B - HOT DOG ON BUN	B - CORN DOG	B - FISH SANDWICH
SUN CHIPS	SALSA, SOUR CREAM	GARLIC BREAD	POTATOES & GRAVY	MARINARA SAUCE
PEAS	REFRIED BEANS	GREAN BEANS	CORN	SALAD
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
		FRUII	PRUIT	PROII
30	31			
SAUS GRAVY & BISCUIT	SAUS & CHEESE MUFFIN			
A - BBQ RIB ON BUN	A - TENDERLOIN ON BUN			
B - HAMBURGER ON BUN	B - HOT HAM & CHEESE			
BAKED BEANS	FRENCH FRIES			
CARROTS	CUCUMBERS & RANCH			
FRUIT	FRUIT			

MENUS ARE SUBJECT TO CHANGE.

ALL BREAKFASTS ARE SERVED WITH 1 CUP OF CANNED OR FRESH FRUIT AND/OR JUICE & LOW-FAT MILK.

ALL LUNCHES ARE SERVED WITH LOW-FAT MILK.

SALAD BAR WILL BE AVAILABLE EACH DAY FOR LUNCH

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